

Appendix 4: Contributions by South Bucks District Council for ‘Healthy Places, Healthy Futures, Growing Great Communities’

<p>Community Life The communities we live and work in profoundly affect our wellbeing. Actions to strengthen communities, increase social connections and social cohesion, give local people more say in services, increase volunteering, reduce social isolation and protect vulnerable people all of which improve health and wellbeing.</p>	
Portfolio	Actions
	Established the South Bucks Community and Wellbeing plan to deliver opportunities to strengthen communities, increase social connections and social cohesion, give local people more say in services, increase volunteering, reduce social isolation and protect vulnerable people all of which improve health and wellbeing. http://www.southbucks.gov.uk/CommunityWellbeingPlan
Creating community capacity through	
Healthy Communities	Build community infrastructure and resilience through working with the towns and parishes, community associations and community groups e.g. supporting the continued delivery of priorities identified through community led planning.
	Work with faith, youth, older person and voluntary and community organisations to support community development.
	Support the CCG community engagement strategy and Buckinghamshire County Council’s Local Area Forum (LAFs) priority themes joining up projects and initiatives to improve local services
	Promote opportunities for communities to become more involved in the prevention of crime, and or support environmental, heritage and wellbeing community events
	Work in partnership with Community Impact Bucks to improve volunteer recruitment and voluntary organisations’ access to information, advice, support and training in fundraising, creating social enterprises and good governance
	Supporting volunteering through <ul style="list-style-type: none"> • Identify ways to recruit volunteers from the newly-retired marketplace and support young people to access volunteering opportunities. • Increase opportunities for young people to volunteer and learn new skills by supporting schemes such as the National Citizen Service. • Run an annual community awards event to celebrate the contribution of local volunteers across South Bucks. • Deliver the council’s community grants and lottery scheme that support community organisations to deliver local initiatives that improve the quality of life for residents across the district.
Enabling healthier lifestyles through	
	<ul style="list-style-type: none"> • Work in partnership with GLL BETTER or leisure provider, Buckinghamshire and Milton Keynes Sports Partnership (LEAP), and other voluntary sector organisations to increase levels of physical activity of young people • Support voluntary run sports, leisure & culture groups including community associations and their activity programmes, libraries, youth clubs, older persons clubs. • Assist older people to access local community based activities through the GLL BETTER outreach programme e.g. Tai Chi in Burnham Library, Walking Football in Burnham and Stoke Poges, promotion of their 50+ programme at the Beacon Leisure Centre (Short mat bowls, Badminton, Walking Football and Pickleball) as well as the annual Club Games for the Over 50s. • Support GLL BETTER to deliver the “Healthwise” programme which is the GP referral scheme offering exercise, weight management and falls prevention programmes • In 2017/18, 90 residents who have suffered a coronary or stroke medical condition were enabled to complete the GLL BETTER Healthwise exercise

	referral programme.
	<ul style="list-style-type: none"> • Manage the provision of a workplace health and wellbeing programme including physical activity and alternative therapies such as lunchtime walks, yoga, Pilates, acupuncture massage and reflexology.
	<ul style="list-style-type: none"> • Support the implementation of Public Health's Active Bucks programme and encourage 1,000 adults become more active from 2016 to 2018.
	<ul style="list-style-type: none"> • Attracting 220,000 annual visits in South Buck's leisure centre facilities.
	<ul style="list-style-type: none"> • Enable communities to become active and reduce the risk of social isolation by the provision of community events at Beacon and Evreham Leisure Centres and the Curzon Centre Beaconsfield.
	<ul style="list-style-type: none"> • Provision of the South Buckinghamshire Golf course and redevelopment of the original Golf Academy site into an open space leisure facility.
	<ul style="list-style-type: none"> • Provision of Farnham Park Playing Field – Softball UK headquarters and provision of football and rugby pitches. Currently undertaking feasibility study to consider future opportunities for increasing access to sport and leisure
	<ul style="list-style-type: none"> • Support Community and Workplace health activities e.g. health and wellbeing fairs, dementia awareness events, promoting healthy lifestyles.
Supporting Older People through	
	Help to provide opportunities for older people to socialise, access relevant information, advice and access appropriate services, enabling Prevention Matters which identifies those at risk of isolation direct them to voluntary sector and statutory support through;
	<ul style="list-style-type: none"> • Enabling communities to get involved in volunteering, intergenerational activities, Street Associations and Good Neighbour Schemes in order to reduce social isolation.
	<ul style="list-style-type: none"> • Developing and support activities that encourage greater interaction between older and younger people, including events related to commemorating the Word Wars, local history projects, environmental initiatives, using Information Technology or addresses social isolation
	<ul style="list-style-type: none"> • Supporting the development of Dementia-friendly communities and promote the Safe Place scheme.
	<ul style="list-style-type: none"> • Developing older people's service guides for the Beeches area, Beaconsfield, Gerrards Cross and Denham, Wexham and Iver.
	<ul style="list-style-type: none"> • Support the development/continuation of community based transport schemes.
	<ul style="list-style-type: none"> • Address the loneliness experienced by some care home residents by encouraging local neighbourhood residents, schools, youth clubs and voluntary groups to engage with care homes
Reducing crime and the fear of crime through	
	Working in partnership with Thames Valley Police and other key partners to reduce crime and disorder and raise awareness of the risk of abuse in all its forms through.
	<ul style="list-style-type: none"> • Co-ordinate local community activity to help reduce crime and the fear of crime and address environmental issues with appropriate solutions.
	<ul style="list-style-type: none"> • Raising awareness to help prevent child sexual exploitation, drug and alcohol abuse, bike theft and all forms of abuse via mobile phones, social media and the internet.
	<ul style="list-style-type: none"> • Support the setting up of Neighbourhood Watch Schemes, Street Associations and Good Neighbour Schemes to help build resilient communities
	<ul style="list-style-type: none"> • Raise community awareness of the need to safeguard vulnerable adults and to report concerns as they arise, signposting the voluntary sector to suitable safeguarding training.
	<ul style="list-style-type: none"> • Promote the existence of local safeguarding training including Prevent to adults working with and for young people

	<ul style="list-style-type: none"> • Deliver the Community Card Scheme in primary schools encouraging health and wellbeing, community integration, cyber safety and money management
	<ul style="list-style-type: none"> • Adopted appropriate licencing requirements to protect the travelling public and raise awareness of taxi drivers as to the current safeguarding issues
	<ul style="list-style-type: none"> • Maintain the 'Safe Place Scheme' in Beaconsfield, Holtspur, Burnham, Farnham Common, Gerrards Cross, Iver, Iver Heath and Richings Park.
Supporting heritage and inclusion through	
	<ul style="list-style-type: none"> • Support the Armed Services Community Covenant so that Service families are more integrated into the wider community.
	<ul style="list-style-type: none"> • Support community groups across South Bucks commemorate the World War I Centenary
	<ul style="list-style-type: none"> • Assisting communities celebrate their heritage e.g. Eid and national day events as well as supporting countywide activities such as Bucks Art of Islam Festival

Healthy Homes	
Living in an affordable and good quality home is fundamental to people's physical and mental health and wellbeing and can reduce demand on services	
Portfolio	Actions
Resources	Provide welfare advice and assistance through the delivery of Housing Benefit and Council Tax services
Healthy Communities	Support the local Citizen Advice Bureau service enabling access to independent housing, welfare advice
	Provide housing advice and financial assistance to prevent poor housing conditions and maintain decent housing standards through the provision of refundable home loans, disabled facility grants and assistance to tackle cold homes.
	Provide the Flexible Loan scheme to householders and local traders helping support older people access low interest loans to undertake home repairs, adaptations and improve security.
	Promote and support schemes to enable homeless and key workers secure housing they can afford (including the private rented sector).
	Provide housing advice and assistance to prevent homelessness and provide emergency housing accommodation as necessary
	Support through the planning process the delivery of new sustainable dwellings 40% of which are to be affordable homes
	Reviewing and developing opportunities to develop affordable housing on Council owned land
	Work with housing associations to maximise the delivery of new affordable homes
	Enable the development of affordable housing. A total of 58 new build affordable homes (for rent or shared ownership) were delivered in Chiltern by housing associations during 2017/18.
	Work to return empty homes to use, revitalise the areas of poorer housing
	Providing advice and assistance to reduce debt and manage finances through the operation of the CAB and the promotion of the South Buckinghamshire Community Bank (part of the M for Money Credit Union).
	Ensuring national space standards, lifetime homes / adaptable homes are delivered through the planning process
	Adopting a 20% renewable energy standard for new homes which together with high insulation standards will enable new homes to address the fuel poverty issues

Healthy Travel
Active travel, such as walking and cycling improves our health by promoting physical activity. It also

delivers other benefits such as reducing air and noise pollution and increasing social connections	
Portfolio	Actions
Healthy Communities	Work in partnership to improve energy efficiency, identify and implement greener travel initiatives and identify ways in which we can live more sustainably within the District.
	Support the Simply Walks initiative to attract 1000 additional walk participants from 2016 to 2018 as well as supporting other community walk initiatives.
	Build an effective Local Air Quality partnership to review and enhance the Air Quality Action plans arising from the impact of road transport enabling improving air quality and reducing NOx and CO2 emissions within the district.

Air and Noise Pollution (Healthy Travel will also contribute to this key area)	
Air and noise pollution have a range of harmful effects on health the very young, very old and those with poor health are most likely to be negatively affected by pollution.	
Portfolio	Actions
Healthy Communities	Build an effective Local Air Quality partnership to review and enhance the air quality action plan improving air quality and reducing NOx and CO2 emissions within the district.
	Monitor air and noise emissions across the district to enable preventative action to be undertaken
	Introduced the newly designated Iver Air Quality Action Zone established to mitigate air quality issues arising from existing and new development and traffic routes
	Worked to highlight air quality actions local schools in Iver can adopt to reduce the impact of poorer air quality on children
	Reduced carbon emissions from South Bucks District Council's operations by 42%. The 2017 report can be viewed at http://www.southbucks.gov.uk/article/8308/Corporate-performance-reporting-
	Provide advice, information and challenge to enable that all new strategic transport and infrastructure developments consider the impact of air, noise on the local community
	Provide advice and assistance to enforce statutory provisions in relation to air and noise pollution
Environment Portfolio	Establishing electric vehicle charging points in SBDC car parks
	The new waste contract considering the use of all electric vehicles
	Utilising renewable sources of energy to reduce the council carbon emissions

Green Spaces and Natural Environment	
Contact with the natural environment is vital for physical and mental health and wellbeing at all ages. Exposure to green spaces reduces stress and depression, and every 10% increase in green space is associated with a reduction in disease equivalent to 5 years of life gained.	
Portfolio	Actions
Healthy Communities	Assisting communities local community groups and parish councils to deliver against the Open Space strategy - improve the quality of green spaces, green landscapes, to encourage greater use of these valuable spaces
	Creating a new community park in South Bucks to enable walking, cycling, and running in a safe environment
	Enable communities to take ownership of their environment e.g. community managed foot paths and woodland, promoting "Walkers are welcome" routes.
	Help to preserve the character of our landscapes and conservation areas by working in partnership with local conservation groups.
	Supporting the regular delivery of 'Park Runs' in the district
	Supporting communities to improve play provision playing pitches, nature parks & outdoor education
	Supporting HS2 to re-provide Hillingdon Outdoor Activity Centre in South Bucks

Healthy Food Environment

The quality and quantity of the food and drink that we consume are important contributors to our health. A poor diet increases the risk of becoming overweight, developing diabetes, heart disease, stroke, some types of cancer and dementia.

Portfolio	Actions
Healthy Communities	Support businesses improvement and growth through advice, coaching and publication of food hygiene ratings. Support businesses to provide nutritional menus through the "Eat Out Eat Well" scheme.
	Provide opportunities for local businesses to access food safety, licensing, and health and safety courses targeted to their needs.
	Enforcing legislative requirements to protect public health

Wider planning and environmental issues

Portfolio	Actions
Healthy Communities	Improve safeguarding of the general public by enforcing regulatory controls and the use of health impact assessment tools to better protect the environment and human health.
Healthy Communities	Work wherever possible to return vacant employment sites or contaminated land sites to use.
Healthy Communities	Work with partners and the community to reduce CO2 emissions and the impact of climate change.
Planning	Design including ensuring policies to ensure health and wellbeing are designed in to the layout and urban design. This builds on the learning of the NHS Healthy New Town project and the TCPA learning project
	The requirements for a Health Impact Assessment (HIA) which also includes sections on mental health
	Ensure that national infrastructure projects e.g. HS2, are managed sustainably and enhance local economies.
Economic Development	In terms of the economic dev - the emerging Local Plan also has the policy about community employment plans, local procurement and similar social clauses
	Supporting the delivery of the Chiltern and South Bucks Economic Development Strategy which has the vision of creating a District with "prosperous and diverse economies that encourage local employers and small businesses.
	Working with the Chesham wellbeing project BCC/Department of Work and Pensions/Jobcentre Plus to help us support workless back in to employment Be Your Own Boss programme is providing a range of support for anyone looking to start their own business. The programme, delivered by Bucks Business First, is funded by Chiltern and South Bucks District Councils, Wycombe District Council and a number of local housing associations, and offers an enterprise day, training and events, help and guidance and networking opportunities.
	Working with Bucks Skills Hub, and a number of local training, education and apprenticeship providers to enable Enterprise Advice in local schools. Ensuring individuals are aware of the employment opportunities available and have the skills they need to take advantage of these is extremely important to them as individuals and to supporting the future growth of businesses.
	Promote local events and high street diversification that will encourage greater footfall in the district's high streets e.g. Small Business Saturday / Chinese New Year / St George's Day/ pre-Christmas activities.
	Work with Parish Councils, business associations and community groups to convert tourist day visits to overnight stays.
	Support the development of broadband and mobile technologies as they are introduced into the District.
	Using social media to promote various business support initiatives, including on World Mental Health Day, tweets around the resources available to support improved

workplace wellbeing.